

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_\_\_\_**

**The Food Investigation – Which elements are in your food?**

**Record your answers in the data table below.**

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| --- | --- | --- | --- |
| **Food Item** | **Ingredient** | **Compound?**  **(Yes or No)** | **Elements in Compound** |
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**Background research - Pick 3 elements and explain how they are an important part of our diets